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Local runners nab top slots during Army 10-miler competition, will head to D.C., for national race.



Watch Out!

Motorists should be especially careful as they drive on post during unit PT hours, between 6:30-7:30 a.m. Monday through Friday.

Roads that were previously blocked during these hours (9th Street by the health clinic and Olson Ave. from the 1st to 7th Street intersections) are now permanently open. As a result, the Chapel Gate is now open to incoming traffic from 5:30-9 a.m. Monday through Friday (not including U.S. holidays).

Also effectively immediately: motorists should no longer take the shortcut through the POL Point, which sits on a one-way street. Drivers should stay 20 meters behind Soldiers in formation and not pass Soldiers who are conducting PT in formation. Speed limit when passing Soldiers on the roadway is 10 MPH/16KPH.



GOPHER STATE

Photo by Barbara Romano

Boy Scout Blake Cameron posts the Minnesota state flag at Hoekstra Field during the installation's Salute to the Nation ceremony July 2. The event was attended by U.S. military members and Italian dignitaries, along with guests from both communities as Americans gathered to celebrate America's Fourth of July holiday. To download and share this and other event photos, visit the garrison's flickr Web site.

Army medical researchers share expert ideas with U.S. Army Africa

Story and photo by RICK SCAVETTA
U.S. Army Africa

When Sgt. 1st Class Gerardo Navarro heard about a U.S. Army research center's need to upgrade its facility deep within remote jungles of the Democratic Republic of Congo, he began taking notes.

Navarro, a senior non-commissioned officer assigned to U.S. Army Africa's directorate of Civil, Interagency and Military Affairs, was listening to a series of briefings offered by the U.S. Army's top experts on medical research and

medical logistics in Africa, held June 25 at Caserma Ederle.

Navarro listened intently as Col. Jim Martin, from the U.S. Army Research Institute of Infectious Disease explained how researchers investigating monkey pox work under austere conditions in the aging Kole hospital.

"When he mentioned how the hospital and its laboratory could use refurbishing, that caught my interest," Navarro said. "It sounds like an important project that we could assist in, by working with the host nation

See EXPERTS Page 5



Sgt. 1st Class Gerardo Navarro takes notes from Col. Jim Martin during a medical research briefing held at U.S. Army Africa headquarters. Medical Soldiers at Caserma Ederle found insight from top U.S. Army medical officers with African experience.



Photo by Chiara Mattiolo

POOL OPENING: The Laverenz family takes a final jump into Darby's newly refurbished pool before they PCS Italy. SEE PAGE 5 FOR THE FULL STORY.

Some vets receive stimulus payments

VA Public Affairs

The checks for \$250 to veterans as part of President Obama's recovery plan were sent recently. As part of the recovery plan, VA is making one-time payments of \$250 to eligible veterans and Survivors to offset the effects of the current economy.

VA estimates \$500 million in payments will be made to approximately 1.9 million veterans and eligible beneficiaries as part of this measure. To be eligible for

See NEARLY Page 5

Total community effort makes July 4 a success

In quick succession this Independence Day weekend we experienced a series of challenging events that involved our entire Vicenza military community. Thanks to your collective efforts the weekend was a success on all fronts.

Starting with the Salute to the Nation pageant of flags Thursday, through the recovery from the thunderstorm Sunday, we witnessed a total community effort for which I am both grateful and awed.

Led by our senior NCOs, our community's Boy and Girl



What could have been a difficult and upsetting long weekend instead ran smoothly thanks to YOU.

Scouts executed a superb ceremony on Hoekstra Field enjoyed by hundreds of Italian and American guests.

The placing of the state flags was perfectly punctuated by the uniformed drummers of the Drum Corps of the Historic Vicenza Alpini Division. The national anthems and rendition of "America the Beautiful" were inspiring.

The reception that followed at the Arena was a great example of U.S.-Italian community cooperation. It provided a congenial atmosphere that further cemented the

friendship with our host nation we've been building together for more than half a century.

Even though we had to forego fireworks and an open post July 4, our Soldiers and their families were still able to celebrate America's 233 years of independence.

The Freedom Fest Thursday evening provided a good mix of fun and entertainment for all ages in a safe and secure environment.

Before the anti-G8 demonstration July 4, those of you in the law enforcement and emergency services professions

ensured our force protection posture met our security needs.

Italian and American agencies worked together to inform our community and raise our awareness. During the demonstration you remained on alert to respond to potential contingencies.

When a violent thunderstorm swept through our area that very evening our public works specialists responded with skill and purpose.

In Villaggio housing, residents of all ranks pitched in to clear blocked streets and drains while crews removed fallen tree limbs

and dealt with a power outage.

You worked into the night on Saturday and were back at it Sunday morning.

The same DPW roads and grounds crew members who had been on-call at Dal Molin rolled up their sleeves and went to work in the housing area.

What could have been a difficult and upsetting long weekend instead ran smoothly thanks to the willing hands and can-do attitudes of all our community members. It was truly a joint team effort that we can all be proud of.

My thanks to all of you.

Col. Erik Daiga
Commander
USAG Vicenza

Grazie all'impegno di tutta la nostra comunità il Giorno dell'Indipendenza è stato un successo

Durante il fine settimana scorso dedicato al Giorno dell'Indipendenza, una serie di importanti eventi hanno avuto luogo in rapida successione coinvolgendo l'intera comunità militare di Vicenza ma, grazie al vostro impegno collettivo, il weekend alla fine è risultato vincente su tutti i fronti.

Abbiamo avuto modo di constatare come tutta la nostra comunità si sia impegnata fino in fondo per la celebrazione del Saluto alla Nazione di giovedì e come sia riuscita a riprendersi subito dal violento temporale di sabato. Ve ne sono veramente grato.

I boy e girl scout, guidati dai nostri sottufficiali, hanno eseguito alla perfezione la cerimonia all'Hoekstra Field a cui hanno assistito centinaia di ospiti italiani e americani. Lo schieramento delle bandiere è stato marcato magistralmente dai tamburini della Fanfara Storica della Sezione Alpini di

Vicenza e l'esecuzione degli inni nazionali e della canzone patriottica "America the Beautiful" è stata fonte di ispirazione per tutti noi.

Dopo la cerimonia, il rinfresco svoltosi all'Arena è stato un esempio tangibile della cooperazione fra la comunità statunitense e quella italiana in quanto ha contribuito a creare un'atmosfera conviviale che ha ulteriormente rafforzato il rapporto di amicizia che coltiviamo con la nazione che ci ospita da più di mezzo secolo.

Anche se quest'anno abbiamo dovuto rinunciare allo spettacolo pirotecnico e ad aprire la caserma alla comunità italiana il 4 luglio, i nostri Soldati e le loro famiglie hanno potuto ugualmente festeggiare il 233° anniversario d'indipendenza e, grazie alla Freedom Fest di giovedì, trascorrere tranquillamente e in sicurezza un bella serata ricca di divertimenti e spettacoli.

Ancora prima che iniziassero le proteste pre-G8 del 4 luglio, le forze dell'ordine e i servizi di emergenza hanno fatto in modo che fossero prese tutte le dovute misure di sicurezza. Le forze dell'ordine italiane e americane hanno lavorato insieme per tenere informata e sensibilizzare la nostra comunità su eventuali pericoli. Durante la protesta eravate in allerta, pronti a far fronte a

qualsiasi evenienza.

Quando quella sera stessa si è

Continua a pagina 5

Col. Erik Daiga
Comandante
Guarnigione
dell'Esercito
Statunitense
Vicenza



Il Maggiore Generale William B. Garrett III, Comandante del Comando Africa dell'Esercito Statunitense, ha ringraziato i componenti del Gruppo Tamburi della Fanfara Storica per la loro partecipazione.

Photo by Barbara Romano

Speak Out

What is your favorite book and movie?



Vincenzo Disomma
1-Hour Photo Lab

"Movie: Forrest Gump, and my favorite book is called *Il meglio verde*."



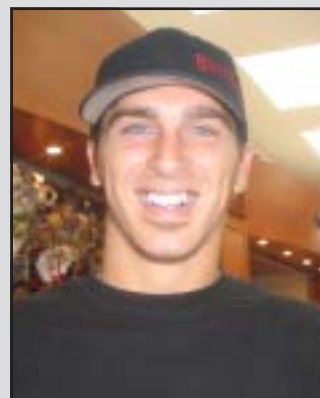
Pvt. Robert Holloway

"Harry Potter and the Deathly Hollows. Favorite movie? *Blue Street*."



Caterina Zanotto
Family member

"Juno movie and the Italian scary book collection *Piccoli Brividi*."



Shaun Kennedy
Family member

"All Harry Potter books and movies."



Sarah Bryant, Kaylee Stoner
Family members

Bryant: *Transformers* movie and *Marley and Me* book.
Stoner: "*Holly's Heart* book and *Ironman* movie."

The Noncommissioned Officer PROFILES OF SUCCESS



Sgt. Jason Gilliland
Unit: Fusion Co., 2nd Bn., 503rd Inf. Regt. (Abn.)
Current Position: Squad leader / motor sergeant
Age: 24
Hometown: Wallace, Idaho
Years in service: 5
What would surprise people about you: My wife got me addicted to the TV series "Grey's Anatomy."
Biggest mentor(s) and why: My father. He is the most respectable and knowledgeable man I have ever known.
Life's ambition: To get as much out of life as I can. To never turn down opportunities to better myself.
Motto: Never compete for anything but first.
Your definition of an NCO: A leader who knows, understands his own potential and knows what he needs to improve.
List of major assignments: Recovery NCOIC for 2-503 during OEF VIII.
Advice for junior Soldiers: If you go to PT at 0630 every morning and do not push yourselves and make it hurt, then you got out of bed early for no reason.
Your defining moment as an NCO: Hearing "Jumpmaster, you are a go" when I graduated Jumpmaster school.
Reason for your success: Support from my wife, CSM, 1st Sgt. Turk, Capt. Sweeney and Staff Sgt. Wenhoff.

Visit the Army's Web site dedicated to the Year of the NCO at www.army.mil/YearoftheNCO.

Law gives military renters more protection against foreclosures

Defenselink news

On May 20, the President signed the Protecting Tenants at Foreclosure Act of 2009 into law.

The legislation ensures that renters aren't forced out of their homes if foreclosure occurs and a new landlord takes over.

Renters in every state now have more time to find new homes. The new law greatly benefits the military, as the vast majority of active duty service members rent homes throughout the United States.

The legislation gives renters the right to stay in their homes throughout the duration of their lease unless the new owner is moving into the home or if the renter is renting under a month-to-month lease.

Still, the new law gives renters at least 90 days before they can be evicted.

The act is one of several laws that ensure military members are taken care of as they move from state to state to new duty stations.

Last July, the Joint Federal Travel

Regulation, which defines financial benefits awarded to service members upon changing duty stations, was amended to allow the federal government to financially support local moves by military members.

So, if one of the two exceptions occurs and service members are forced to move from their home, the government may pay for the move.

For more information, service members should contact their local legal office.

Summertime food safety wards off bacteria

By **BARB SCHNEIDER, RD/LD**
Dietitian Vicenza Health Center

Whether it's a backyard barbecue or a meal in the kitchen, food safety is always important.

The first ingredient in food safety is clean hands. Wash your hands for 20 seconds with warm water and soap. If soap and water won't be available, pack wipes for hand cleansing.

The next key component is food temperature. Keeping hot foods hot and cold foods cold can be a bit more of a challenge in summer temperatures, but by planning ahead food safety is in the "can-do" category.

The conditions that are necessary for bacterial growth in food are moisture, time

and temperature.

The temperature danger zone for foods is between 45 and 140 degrees F, with the greatest bacterial growth at 98 degrees F.

Keeping cold foods below 45 degrees and hot foods above 140 degrees will prevent food born illness from being the souvenir from your gathering.

If you are transporting foods, keep your cold foods in a cooler with plenty of ice or ice packs.

Uncooked meats need to be kept at 45 degrees or lower until they're cooked.

Pack them in plastic bags at the bottom of the cooler so the juices don't contaminate other foods. Keep coolers

in the shade and replace ice often to ensure safe holding temperatures.

When your foods are on the serving table, put cold foods on ice and keep meats hot on the grill. Foods can be out safely for up to two hours unless the temperature is

90 degrees F but less than 140 degrees. In those cases, one hour is the limit.

Keep hot foods hot and cold foods cold to enjoy a safe summertime gathering – just for the health of it.

The temperature danger zone for foods is between 45 and 140 degrees F, with the greatest bacteria growth at 98 degrees F.

Local teen talks helmet safety from youth perspective

By **VICTORIA AUBREY**
Safety Office Summer Hire

It's summertime and people of all ages are generally more active this time of year.

Bike riding provides one of the greatest forms of exercise, however most teens around Vicenza don't seem to play it safe; they don't wear a helmet. In 2008 more than 800 teenagers died in the United States from bike-related activities and none of the more than 800 killed was wearing a helmet, so why do our teens refuse to wear a helmet?

Many teens see this helmet issue from different directions.

"They look stupid, but they are pretty helpful," explained 15-year-old Haley Gilleran.

Other teens, like 17-year-old Mark Bowman, take a different approach.

"Helmets should only be worn by little kids," said Bowman. "It's unfair we have to wear them, and Italians don't."

The behavior of Caserma Ederle teens appears consistent with their U.S. counterparts.

According to a poll conducted by the National Highway Traffic and Safety Administration, only 10 percent of riders ages 13-18 actually wear helmets.

According to the Bicycle Helmet

Safety Institute, a proper fitting helmet can prevent 85 percent of head injuries to cyclists.

The Department of Defense mandates that bicycle helmets are mandatory for all U.S. personnel on military installations. This includes, military service members, DoD civilians, DoD contractors and all dependants.

Whether you think wearing a helmet is embarrassing or not, you should make it a habit every time you ride a bike or conduct any physical activity involving wheels.

It should become part of your life. And who knows. It might save it one day.

The Outlook

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At your service Religious Services



Chaplain (Maj.) Jose Herrera is the deputy garrison chaplain, pastor of the Roman Catholic community at Caserma Ederle and the acting garrison chaplain.

"I am blessed to work with a great team of chaplains and chaplain assistants to provide spiritual and moral support to Soldiers and families, civilians and retirees in Vicenza and at Camp Darby," said Herrera. "As a Catholic priest I also pastor the Catholic congregation. And the blessing is that I get to do all this here in Italy. Anyone who comes to any of our chaplains on post can be assured of absolute confidentiality and the best pastoral care possible."

Herrera and other members of the garrison support pastoral team can be found in the post chapel, Bldg. 29. Unit chaplains are co-located with their respective units. Reach Herrera at 634-7157 or jose.herrera@eur.army.mil.

Community Camera

A snapshot of events making news in the U.S. Army military community in Vicenza...

FUN ON THE FOURTH

U.S. and Italian community members celebrated America's Independence Day July 2 at Caserma Ederle. The day kicked off with a 10 a.m. Salute to the Nation ceremony and ended with an evening Freedom Fest.



Photo by Diana Nickerson

Community members enjoyed a children's theater show of *Beauty & the Beast*, performed by an entertainment troupe.

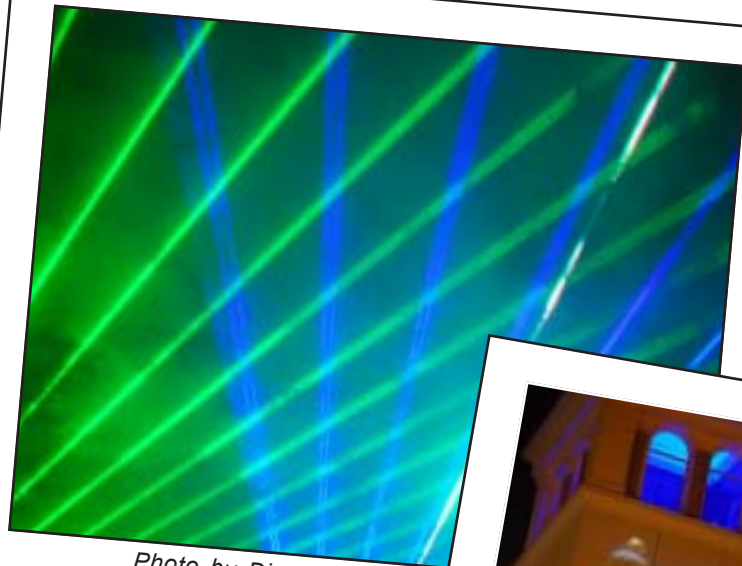


Photo by Diana Nickerson

The evening's festivities culminated with a laser light show that beamed across the night sky.

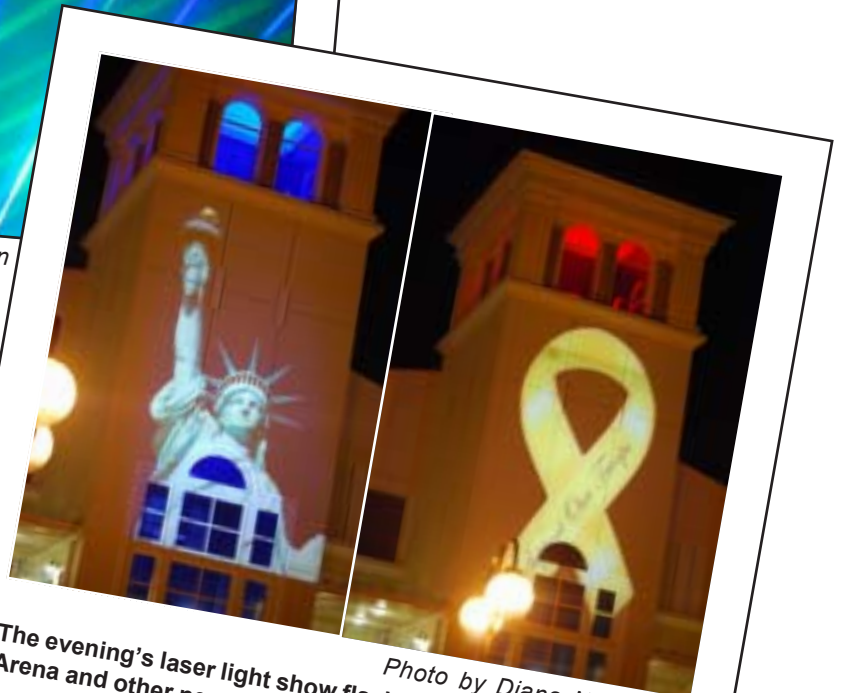


Photo by Diana Nickerson

The evening's laser light show flashed patriotic images on the Arena and other nearby structures.



Photo by Barbara Romano
Boy and Girl Scouts presented America's 50 state flags during the ceremony.



Photo by Diana Nickerson
Freedom Fest events included live bands, clowns, kiddie rides, a dunk tank, and free food and drinks.



Photo by Barbara Romano

U.S. Army Africa Commander Maj. Gen. William Garrett III greeted City of Vicenza Mayor Achille Variati during the morning's Salute to the Nation ceremony at Hoekstra Field.

Giorno dell'Indipendenza un successo

da pagina 2

scatenata una violenta tempesta, i nostri addetti ai lavori pubblici sono intervenuti dando prova ancora una volta di elevata perizia e determinazione. Nel Villaggio, tutti gli abitanti senza alcuna distinzione di grado, si sono precipitati a ripulire le strade e i tombini rimasti intasati mentre alcune squadre erano già al lavoro per rimuovere i

rami spezzati e caduti dagli alberi e ripristinare la corrente elettrica.

Avete lavorato fino a notte inoltrata sabato ed eravate già nuovamente al lavoro domenica fin dalle prime luci dell'alba. Altri addetti ai lavori pubblici, già reperibili e pronti a intervenire in caso di emergenza al Dal Molin, si sono rimboccati le maniche recandosi immediatamente a dare una mano

al Villaggio.

Sarebbe potuto essere un fine settimana difficile e con conseguenze spiacevoli invece, grazie alla buona volontà e all'aiuto prestato da tutti i componenti della nostra comunità, è andato tutto bene.

E' stato davvero un perfetto lavoro di squadra di cui tutti possiamo essere orgogliosi. Vi ringrazio di cuore.

Darby Dates

Get in shape with free noon classes

Check out Eileen's list of classes. There's something scheduled almost every day of the week.

Call the Fitness Center for more information at 633-7440.

Library story hour

Every Wednesday at the post library for children ages 3-5. Call 633-7623.

Stop by ITR to schedule a trip

Visit some of Rome's most famous sites at your own pace.

Start off in Vatican City, home of St. Peter's Basilica and Vatican Museum (where you'll find the Sistine Chapel).

Call ITR for more information at 633-7589.

Darby Community Club activities

Every Thursday is Karaoke Night at the Club.

Fun starts at 6:30 p.m.

Need to say thanks? Bring your right arm/wing man to the Community Club on the third Friday of each month.

Debt liquidation class

Learn what it takes to get out of debt and how to report false claims on your credit report when you attend this July 9 class. Call 633-7084.

Darby Religious activities

For details, call the chapel at: 633-7267 (050-54-7267)

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

Protestant Sunday school starts at 10 a.m.; Catholic CCD at 11:15 a.m.

The chapel is collecting cardboard, robes, children's plastic swimming pools and cardboard rolls from paper towels and toilet paper.

Contact the Catholic education coordinator to find out when the next confirmation will take place or for more information.

Choir practice is at 9:30 a.m. on Sunday before Mass.

The congregation needs a cantor.

Talk to Chaplain Porter or Father Roberto to serve.

Experts offer USARAF tips, lessons

continued from Page 1

or other organizations."

Martin was just one of several U.S. Army medical researchers who met at Caserma Ederle's Hall of Heroes to discuss how current medical missions in Africa can support U.S. Africa Command's efforts on the continent.

Col. Scott Gordon, commander, U.S. Army Medical Research Unit-Kenya, discussed his unit's efforts, which include efforts to combat malaria, HIV and the flu in East Africa. Based

in Nairobi, Kenya, USAMRU-K has been in Africa nearly four decades.

Officers from Walter Reed Army Institute of Research, U.S. Army Medical and Materiel Command-Europe, the Telemedicine and Advanced Technology Research Center also offered briefings on their units' ongoing programs.

With the formation of U.S. Africa Command and U.S. Army Africa, Army researchers are working to coordinate established missions with new

initiatives on the continent. The meeting also allowed key leaders to discuss a way forward for Army research, medical missions and mentoring in Africa. Learning more about Africa is one of U.S. Army Africa's guiding principles, said Col. Alfonso Alarcon, the command's senior medical officer.

"This meeting exposes our staff to people with more experience on the continent of Africa, top experts in the areas of medical research and Army

materiel support," Alarcon said. "We are learning from them as a staff, raising the ability of U.S. Army Africa to work toward our goal of bringing positive change to the continent."

Medical Soldiers from the Vicenza Health Clinic, the 173rd Airborne Brigade Combat Team and local Italian doctors from the Vicenza medical community also attended, a bonus, Alarcon said.

"The more we share with potential partners, the better we will be in terms of future engagements," Alarcon said.

New Darby pool reopens for summer enjoyment

By JOYCE COSTELLO

USAG Livorno Public Affairs

Nothing says summer like spending the day lounging at the pool while the kids enjoy the waterslide or practice their cannonballs.

The Camp Darby pool, which underwent a massive reconstruction earlier this year, reopened to the military community July 2. While the size of the main pool remained the same, a new kiddie pool was added to the expanded deck area.

"We also added an exterior fence security system to make sure people didn't try to sneak into the pool after hours," said Lt. Col. Steven Cade, U.S. Army Garrison Livorno commander. "Most importantly, both of the pools have new safety features to prevent children and adults from getting sucked into the drain system."

Cade said that this was in compliance with a law passed by Congress that went into effect in December, requiring all public

pools and spas to be equipped with anti-entrapment devices.

Along with new lights and a covered pavilion, additional expansion plans include a picnic area to one side and a community recreation center on the other side, said Cade.

"This quality of life improvement is one more way that Camp Darby shows its commitment to the Army Family Covenant," said Cade.



A paintball player from this year's Club Beyond summer camp covers a fellow player at Darby's new course.

ODR paintball course opening in August

USAG Livorno Public Affairs

A new and exciting program is starting at Camp Darby this August. As part of Warrior Adventure Quest, the installation's Outdoor Recreation has a new paintball course and equipment.

According to ODR Program Manager Robert Collodi, players are divided in two groups to simulate a battle against each other using compressed air pistols commonly referred to as "markers" and bio-safe paintballs.

"Once you're hit, you must leave the battlefield," explained Collodi. "The last player remaining unmarked is the winner."

He said safety measures require players to wear protective gear, especially a face shield in

order to prevent possible eye injuries.

"As an additional safety measure, players are not allowed to shoot at opponents if they are 10 feet or less apart," said Collodi.

Club Beyond students who spent their 2009 summer camp at USAG Livorno were the first groups to test the new paintball program.

"I am proud to say that they were very happy with the organization and the natural battlefield the Buffer Zone offers," said Collodi.

Collodi said the paintball course will open Aug. 8 and is open to players age 16 or older. There are, however, plans to organize youth group games. To sign up or for information, call 633-7775. (Chiara Mattirola contributed to this article.)

Nearly \$5M paid to 1.9 M veterans

continued from Page 1

the payment, VA beneficiaries must have received VA's compensation, pension, dependency and indemnity compensation, or spina bifida benefits at any time between November 2008 and January 2009.

Also, beneficiaries must reside within the United States, Puerto Rico, Guam, Northern Mariana Islands, American Samoa or the U.S. Virgin Islands. No application is necessary. VA has requested that the Department of the

Treasury make the \$250 payments to eligible veterans. For more information, go to <http://www.myarmyonesource.com/news/2009/07/Stimulus>

Cruise over to the Italian-U.S. car meet



Photo courtesy of Cruisin' Rodeo staff

Sweeet ride

An Italian-U.S. car meet will take place lakeside in Milan July 11-12. For more information on Cruisin' Rodeo, see below or visit <http://www.cruisinrodeo.it>

Festivals & events

Cruisin' Rodeo -Italian U.S. car meeting: July 11-12 in Buccinasco, Milan, Santa Maria Lake, 146 miles west of Vicenza. Free entry.

■ July 11: Live music with *Tao Love Bus*

■ July 12: Live music with *Jhonny Boy & The Ice Cream*.

For more information, visit <http://www.cruisinrodeo.it/>

Hawaiian Party: July 11 in Quinto Vicentino, Via degli Eroi, about 5 miles east of Vicenza. It's organized by the Quinto Youth Association. The party's

slogan is *Bevi con la testa che fai più festa* that is "if you drink responsibly you'll have more fun;" food and drink area featuring non-alcoholic drinks, sandwiches and hot dogs and free gadgets. Entertainment with live music and jazz exercise. 9 p.m. Percussion concert with DJ PhilC.

Saint Benedetto Festival: July 10-12 in Trissino, about 13 miles west of Vicenza.

■ July 10: 7 p.m. food booths open; from 9 p.m. live music and dancing with the *Dedicata Band*.

■ July 11: 6:30 p.m. food booths open; 9 p.m. live music and dancing with the *Blumoon*.

■ July 12: 11 a.m. Mass and procession to the *Croce del Grumo*; 6:30 p.m. food booths open; 8:30 p.m. Songs contest with the *Accademia del Canto*.

Hoga Zait, Cimbric Festival: July 9 - 12, in Roana, about 37 miles north of Vicenza. Hoga Zait in Cambric language means "time to celebrate." The inhabitants of

many mountain towns of the province claim to be descendants of the ancient Cimbric of Scandinavia origin. The Cimbric language is no longer in use but it is still reflected in the nicknames of many local families and old traditions together with ancient legends of gnomes, fairies and other woodland creatures.

■ July 9: 9:30 p.m. Celtic and Cimbric music and dances; 10 p.m. propitiatory bonfires will be lit up. Many local participants will wear their traditional Cimbric costumes.

■ July 10: 4:30 p.m. Hoga Zait official opening in Piazza dei Cimbri and opening of the Cimbric museum. 5:30 p.m.: traditional costume parade; Folk music and dances; 6 p.m. Mass in Cimbric language.

■ July 11: 9:30 a.m. guided excursion to the Vandassa Graffiti leaving from Piazza S. Giustina, Canove. 9 p.m. Torchlight procession in period costume. 9:30 p.m. Traditional folk music and dances.

■ July 12: 1 p.m. Cimbric music and song; 5 p.m. folk show.

Notte Bianca - All night shopping and entertainment in Schio: July 11, starting at 7 p.m. Free parking in the industrial area and free shuttle bus 9 p.m.-2 a.m. If you bicycle to Schio, free parking in Via Pasubio and in Via Baratto plus a giveaway.

■ 7 p.m.: Gnocchi and music under the stars. Food booths open featuring gnocchi, sandwiches and French fries.

■ 8 p.m. in Piazza IV Novembre, Cardboard Circus, with face painting for children who will be the protagonists for this circus whose animals escaped and whose artists are on sick leave.



Courtesy of Roana Town Hall
It's time to celebrate the Cimbric festival. Details at left.

■ 8:30 p.m.: official opening and *DanceAbility* show.

■ 8:30-11:30 p.m.: San Francesco Church, the World of Miniature Trains, featuring more than 1,000 miniature models.

■ 9 p.m.: Classic and modern dance show, with *Domus Danza*.

■ 9:30 p.m.: Argentine tango, Latin and Caribbean dance show. Live music and dances with the *I Santa Monica Orchestra*.

■ 9:45 p.m., 9:45 p.m. & 12:45 a.m.: in Piazza Rossi, trapeze artists, fire-eaters and light show.

■ Midnight: in Piazza Statuto, Pink Floyd Tribute.

■ 1:20 a.m.: hip hop show.

■ 1:30 a.m.: grand finale with *DJ Luchetta*.

Prosciuttando - Ham Festival, July 11-12, in Nanto, about 11 miles south of Vicenza.

■ July 11: 7:30 p.m. food stands featuring dishes prepared with local sweet ham, extra virgin olive oil and truffles from the Berici hills. 9 p.m. live music and ballroom dancing.

■ July 12: 7:30 p.m. food

stands. 9:30 p.m. Caribbean night with *DJ Malanga* and *El Talisman Rigmo Latino di Vicenza*.

Vintage toy exhibit

Vintage pedal cars, toys and miniature trucks and trains will be on exhibit until Oct. 4 in Romano d'Ezzelino, Automobile Museum "Luigi Bonfanti," Via Torino, 2, about 26 miles north of Vicenza. Admission fee is 6 euro.

Pay concerts & events

Lenny Kravitz: in Lucca, July 11.

The Killers: in Rome, July 14.
Elton John with special guest Anastacia: in Verona, July 7.

Gary Husband: in Piazzola sul Brenta, July 26.

Madonna: In Milan, July 14; in Udine, July 16.

James Taylor: in Piazzola Sul Brenta July 15, in Lucca, July 16.

Motörhead, in Piazzola Sul Brenta July 17.

Burt Bacharach with special guest Karima: Lucca, July 18.

Tracy Chapman: Arezzo, July 22.

Bruce Springsteen: in Rome, July 19; in Torino, July 21; in Udine, July 23

The night of rock legends: Jack Bruce-Robin Thrower-Gary Husband, in Savona, July 23.

Simple Minds: in Venezia, Piazza San Marco, July 24.

Jack Bruce and Robin Trower: in Piazzola sul Brenta, July 26.

John Fogerty: in Lucca, July 26; in Piazzola sul Brenta, July 28.

ColdPlay: in Udine, Friuli Stadium, August 31.

Notre Dame de Paris: in Verona, Arena, September 10.

Tickets are available in Vicenza at Media World, Palladio Shopping Center or online at http://www.greenticket.it/index.html?imposta_lingua=ing or <http://www.ticketone.it/EN/>.

Outdoor Recreation

Venice trip

Take the train to Venice July 14 at 8:15 a.m. with an ODR escort to show you where the good restaurants and shopping are, plus public transportation tips and more. Call 634-7453 to register.

Bike Tuscany

Bike the Tuscan countryside, July 17-19, on a level I and III weekend ride. Lodging included. Call 634-7453 to register.

Hike Mount Pasubio

Hike the 52 tunnels of Mount Pasubio, one of the unique engineering achievements of the Italian forces in WWI.

Trip departs at 7 a.m., July 18. Call 634-7094. Cost: \$30.

Experience Florence

ODR heads to Florence July 18. Cost is \$55 and kids under age 2 are free. Includes guided tour of the city. Call 634-7094.

Beach & spa trip

Hit the beach or enjoy the spas of Portorose Slovenia, July 18. The ODR bus takes you there for \$45. Tourist passport required. Call 634-7994 to register.

Try kayak fishing

Try your luck at kayak fishing July 25. Fee is \$65 and includes equipment, tackle and transportation. Call 634-7094.

Cruise Switzerland

Cruise the lakeside town of Lugano July 25. Surrounded by stunning mountains, the town is also famous for its chocolate. Call ODR for reservations.

Sporting Events

Road to World Boxing Championships 2009: July 10 in Milan, Italy vs. USA.

Now Showing

Ederle Theater

July 9	Sunshine Cleaning (R)	6 p.m.
July 10	Obsessed (PG-13)	6 p.m.
	Ghost of Girlfriends Past (PG-13)	9 p.m.
July 11	Ice Age: Dawn of the Dinosaurs (PG)	3 p.m.
	Earth (G)	6 p.m.
July 12	Ice Age: Dawn of the Dinosaurs (PG)	3 p.m.
	Earth (G)	6 p.m.
July 15	Obsessed (PG-13)	6 p.m.
July 16	Ghost of Girlfriends Past (PG-13)	6 p.m.

Camp Darby Theater

July 10	The Proposal (PG-13)	6 p.m.
July 11	Obsessed (PG-13)	6 p.m.
July 12	Earth (G)	1 p.m.
July 16	Ghost of Girlfriends Past (PG-13)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2.
The Ederle Theatre box office opens one hour prior to show.

Looking for the movie synopsis? Visit www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Quinto Vicentino bridge temporarily closed

Due to sewer construction, the stretch of Via Marconi between the Via Quintarello intersection and Piazza IV Novembre and the bridge on River Tesina will be closed to traffic through July 31.

To travel to and from Quinto Vicentino, motorists will have to drive through Lisiera.

FMWR pool party

FMWR is hosting a pool party at the Villaggio pool July 18, 11 a.m.-3 p.m. Enjoy free food and drinks, music and activities. Call 634-5087 for information.

Anger management

Learn and practice the basics of anger management. This ongoing series not only teaches the basics but focuses on a new strategy for managing one's anger each week.

Family classes

ACS offers the following classes to assist families:

■ **Breastfeeding Basics** July 14, 9:30 a.m.;

■ **I Have a Volcano in my Tummy**, July 16, 3:30 p.m.; and

■ **Bring Baby Home** July 16, 3:30 p.m.

■ **Freddy FAP** visits Costa Rica July 16, 3:30 p.m. Families enjoy food and activities from this country.

■ **Basic Principles of Parenting** July 21, 11:30 a.m. Parents can explore the fundamentals of raising happy, healthy children.

■ **Romp and Stomp playgroup** July 22 and 29, 10 a.m. at the Villaggio Youth Center, and bowling July 20, 3-4 p.m. *for families enrolled in the EFMP Program.*

■ **Stress Management** on July 27 at 11:30 a.m.: Participants learn about the biology of stress and how and why it has such profound effects on our lives.

■ **Benvenuti** July 20-23. New to the community and Italy? Join ACS for its Benvenuti class, which gives new arrivals a look at the culture, language and gives practical suggestions for making your time in Italy an extraordinary experience.

All classes require registration. For information and to register call 634-7500.

Shell painting

The library is hosting shell painting workshop at the art center July 29, 5-6 p.m., with

Franco Lidron. It's free for kids 6 and up. Call 634-7291 to register before July 20.

Kinders program still has openings

Space is available in the Kinders program for children who will enter first grade in the fall. Activities include: fitness, gardening, and Slimy Science along with field trips around and off post. Call 634-5008 for information.

Know your Army

Want to thrive and survive in the Army? Then join us for AFTB Level I, July 16-17 from 8:30 a.m.-2:30 p.m.. Learn about the mission of the Army and the resources that are available. Call 634-7500.

July MOMS club

■ **July 13** Membership Book Club meeting at 10:30 a.m.

■ **July 17** Pool Playdate at 4 p.m.

■ **July 18** Family Night at 6:30 p.m.

■ **July 22** Out and About Group Activity at 9:15 a.m.

■ **July 24** MOMS Night Out at 7 p.m.

■ **July 27** MOMS Club Monthly Meeting at 10:30 a.m.

■ **July 29** Pool Playdate at 11 a.m.

Magic, the Gathering

If you are new to the game, want to get better or just want to stay current, join BOSS every Thursday at 6 p.m. in the BOSS lounge for Magic, the Gathering. Call 634-5087.

NASCAR at Arena

Watch your favorite driver on the big screen at the Arena.

NASCAR food and drink specials between 6-9 p.m. on race days.

Ration cards

Ration cards are available at the Central Processing Facility for civilians. Soldiers are issued ration cards from their units. All requests for rations cards must be accompanied by a form signed by a supervisor.

Blank forms are available at the CPF. Call 634-6996/7946 for details.

Multimedia art

Learn the basics of multimedia art in four sessions beginning July 15 at the Art Center. Classes are 4-6 p.m.; supplies included. Call 634-7074.

Create your pottery

Learn to create your own pottery at the art center in the

basic wheel throwing class. Two sessions begin July 19.

Beginner hand-building classes offered July 22 and 29. Register by July 17 at 634-7074.

Soldiers' Theatre

Soldiers' Theatre adult tap dance classes begin July 14.

The cost is \$42 for a six-week session. Beginning class is held on Tuesdays and advanced on Thursdays. Call 634-7281.

Summer reading

"Be Creative @ your Library" is for ages 3-11 and includes weekly stories and a craft.

"Express Yourself @ your Library" is for teens ages 12-18.

Call 634-7291 to register. Check to discover how you can enter books read to win prizes.

Eating healthy does not have to be painful

This four-week nutrition series (Thursdays from noon-1 p.m.) with Lt. Col. John Vogel, DO, USAHC-Vicenza, will introduce participants to the basics of nutrition.

It will also provide practical information on how to shop for and prepare healthy meals.

■ **July 16:** Insider's Guide to Vitamins and Supplements (at Wellness Center)

■ **July 23:** Commissary Tour: To Buy or Not to Buy (meet at commissary)

■ **July 30:** Healthy Cooking Class, 11:30 a.m.-1:30 p.m.

Call 634-8186 for information.

Communication class

The ACS staff will host a class to improve communication for couples July 10. Call 634-7500.

Intro to Framing

Discover how to save time and money learning to frame your own art, certificates and photos July 25. Sign up by July 12. Call 634-7074.

Check out dvds for free

The Caserma Ederle library has new releases of your favorite movies, TV shows and CDs.

For this month's new arrivals visit www.vicenzaMWR.com.

PWOC hosting summer studies

PWOC offers two different studies over the summer. Frazzled Female, a book study, helps women balance faith, ministry, work and home life.

Bible Studies By Demand is a video study perfect for those who will be in and out over the summer.

PWOC meets Tuesdays June 30 and July 14, 21 and 28 from 10-11:30 a.m. in the chapel

activity room.

Child care is provided for ages 6 weeks to 12 years. Evening study is on Wednesday from 5:30-6:30 p.m.

CIF closure

The USAG Central Issue Facility will be closed for annual property book inventory July 13-17. Call 634-3945 for details.

Free playgroup

New Parent Support Group offers a free playgroup session every Wednesday at the Villaggio Youth Center.

Parents bring your child, age 0-3, for playtime from 10 a.m. to 11:30 a.m. Call 634-7912.

Become a professional home provider

Increase your family income while staying home with your children. Work part-time to full-time, and get free training. Call 634-7615.

Boy Scouting

Have you completed fifth grade? Are you interested in adventure and learning life-long skills? Do you like traveling and meeting new people?

Then scouting is for you. For more information about BSA Troop 295, call Scoutmaster Charles Calabrese at 335-594-0624 or e-mail charles.calabrese@gmail.com

Saturday CDC care offered July 11

In honor of Independence Day, CDC 395's monthly Saturday Care will be offered July 11, from 8 a.m.-4 p.m.

Call for reservations beginning June 27 at 634-7559.

USO announcements

Sign-up for our Level 1 Italian Class. Cost is \$118 plus the cost of the book.

Classes are Tuesdays and Thursdays and from July 21-Sept. 17.

Mark your calendars for our Back to School Bash Aug. 15. We'll have live music, crafts, food and a face painter.

The USO is located in Bldg. 9A. Hours are Monday-Friday 11 a.m.-10 p.m.; Saturday noon-6 p.m.; and Sunday 12:30-6:30 p.m. Call 634-7156.

Where's the beach?

Visit www.vicenzamwr.com for directions to area beaches.

Schedule your pre-separation counseling

Knowing exactly what benefits and services you've earned by being on active duty is like money in the bank.

Start banking for your future. Attend pre-separation counseling at your Vicenza ACAP Center.

Call 634-7189 to register.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours call **634-KARE** (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass. Mass is held weekdays at noon

9 a.m.: Protestant Sunday school and AWANAs (September through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

6 p.m.: Contemporary Christian service

Mondays

Noon: LDS Scripture Study

5:30 p.m.: High School Club in the Teen Center

Contact Cadena Trusty at 320-808-6148 or vicecb@yahoo.com.

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

Noon: Protestant Men of the Chapel Bible study (at DFAC)

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School club meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints: Scripture study is held each Monday, noon-1 p.m. at the Chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-8219492.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities.

Community Calendar Highlights

July 9 - Veteran's Affairs Individual Counseling

July 10 - Veteran's Affairs Benefits Briefing

Aug. 8 - DFMWR-1-503rd Health Run

Aug. 10 - Veteran's Affairs Individual Counseling

DON'T BE LATE: E-mail briefs to editor@eur.army.mil noon Monday or by Friday at 4 p.m. if Monday is a holiday.

USAG Vicenza competitors included (rear row from left) 2nd Lt. Jonathan Krepel, Huseyin Kara, Spc. Chris Love, Capt. Adolph Dubose III and Staff Sgt. Kirk Madgic; (ladies in red from left) Rachel Nelson, Capt. Stephanie Feagin and Christina Salas; and (front row kneeling from left) Capt. Andrew Lotze and Staff Sgt. Antwan Robinson. SEE BOTTOM OF PAGE FOR INDIVIDUAL RESULTS.

Courtesy photo



Ederle, Darby troops take top spots during 10-miler

173rd's Madgic to lead 12-Soldier team at national race in D.C.

Story and photos by
MARY MARKOS

USAG Grafenwoehr Public Affairs

Three hundred and sixty feet hit the ground running June 27 at the U.S. Forces Europe Army 10-Miler Qualification race hosted by U.S. Army Garrison Grafenwoehr.

Of the 180 competitors, the top six male and six female Soldiers earned spots on the team that will travel to the national competition held in Washington, D.C., Oct. 4.

Staff Sgt. Kirk Madgic (far right), 173rd Airborne Brigade Combat Team, Headquarters and Headquarters Company, will lead the 12-Soldier team.

Madgic, who traveled from Vicenza, Italy, to compete in the race, was the first Soldier to cross the finish line with a time of 58 minutes, 46.81 seconds.

The other qualifiers for the men's team were: Capt. Kyle Greenberg, Grafenwoehr (60:20.78); 2nd Lt. Bradley Glosser, Ansbach (61:7.42); Maj. William Rediske, Kaiserslautern (61:16.44); Sgt. 1st Class Walter Johnston, Heidelberg (62:18.98); and Capt. Colby Broadwater, Stuttgart (63:36.73).

With a time of 65 minutes, 21.17 seconds, Capt. Stephanie Feagin (above), U.S. Army Health Clinic Livorno, was the first female Soldier to cross the finish line.

Capt. Myra Markey, Ansbach

(67:43.98); Capt. Rhonda Winsky, Kaiserslautern (75:11.00); 1st Lt. Lisa Becker, Ansbach (76:53.09); Lt. Col. Laura Landes, Stuttgart (77:3.39); and 2nd Lt. Kimberly Defiori, Grafenwoehr (78:3.89) also qualified for the women's team.

For Feagin, who ran the course almost 10 minutes faster than last year's first female qualifier, the win was bittersweet.



"I love to run. I'm one of those psychos that just love it," she said. "I'm leaving the Army soon so I won't be able to go to D.C., but it just felt good today."

Eight alternates were also selected based on their times in Grafenwoehr, in the event a runner, like Feagin, is unable to attend the national race.

The Soldier-
teammates
will have more

than three months to prepare for the national race, where an expected 30,000 runners will navigate a route that begins and ends at the Pentagon and passes national monuments such as the Smithsonian and the Capitol building.

The Grafenwoehr course, according to Tony Lee, USAG Grafenwoehr MWR chief of recreation programming, was planned to prime the runner for the Washington D.C. race.

"I've personally seen (the course) in D.C., and I think our course is tougher," he said. "The location is unique. It is no further than D.C., but there are a lot of crooks and turns... a lot more turns than normal. We try to mentally prepare (the runners) for the D.C. race."

Lee added that the Grafenwoehr staff is already looking into the route for next year.

"The plan is to relook at the course and try to find another one, one that is more conducive in terms of what we need for support," Lee said.

He added that any changes will not affect the level of challenge the route brings to the runner.

"We have had a lot of good comments on the course, as far as the ups (incline) and downs (declines) and how we finished the last mile (loop)," he said.



The final mile of the course led runners on a loop around the Grafenwoehr Physical Fitness Center.

While, as a civilian, he did not qualify for the national 10-Miler in October, the first individual to finish the loop and pass in front of the crowd that gathered at the finish line was Kelis Secrest, Kaiserslautern, with a time of 57 minutes, 6.45 seconds.

More photos of the June 27 race can be found at the USAG Grafenwoehr flickr site, <http://www.flickr.com/photos/usaggrafenwoehr/sets>.

Bavarian News reporter Joy Awe contributed to this article.

Feagin, Stephanie Capt.
Time: 65 Mins 35.3 Secs
First in the Age Group
Best Overall Female

Kara, Huseyin
66 Mins: 41.13 Secs
First in Age Group

Salas, Christina
74 Mins: 42.02 Secs
First in the Age Group

Madgic, Kirk, Staff Sgt.
58 Mins: 46.81 Secs
First Soldier to cross finish line

Nelson, Rachel
71 Mins: 13.58 Secs
Second in Age Group

Krepel, Johnathan, 2nd Lt.
69 Mins: 51.12 Secs

Dubose, Adolph Capt.
64 Mins: 46.63 Secs

Lotze, Andrew, Capt.
69 Mins: 55.17 Secs.

Love, Christopher, Spc.
68 Mins: 43.92 Secs

Robinson, Antwan Staff Sgt.
71 Mins: 56.77 Secs.

No stat updates are available due to the holiday weekend. The next update will be posted in the July 16 issue.

Mr & Mrs. Vicenza Body Builder Competition

Start training now for the body building competition in September. Open to all U.S. ID cardholders 18 years and older and out of high school in the U.S. military communities in Vicenza, Livorno and Ghedi.

Need a personal trainer?

Want help with training plans and nutrition?

Call the Fitness Center at 634-6716. Registration information to be released online at www.vicenzaMWR.com

Would you like to coach? CYS needs YOU

CYS Sports is always trying to come up with other sports to offer. If you have an idea and are willing to coach this sport, call 634-6151 or 0444-71-6151.

CYS Sports is also looking for tennis, basketball, swim team and bowling coaches for next fall.

Perks for becoming a coach include discounts, photos, certification class, T-shirt and supplies.

Get your sports gear at Outdoor Recreation

You can get your gear at ODR when you sign up for sporting events and trips.

ODR offers dive gear, paintball markers and snowboard pants for purchase. Call 634-7453.

Members, coaches needed for post softball team

Sports, Fitness & Aquatics is looking for players and coaches to help build a male and female post softball team.

Teams will practice Tuesdays and Thursdays at 7 p.m. at the softball field.

Participants must be at least 18 and out of high school.

Aqua aerobics instructor

The USAG Vicenza Sports and Fitness Office is looking for certified aqua aerobics instructors.

Call Joe Reeder at 634-5181 or 0444-71-5181 for more information.

Swim team coaches needed

The Mako Sharks community swim team is looking for adult volunteers interested in coaching a competitive swim season throughout the summer and fall 2009-2010.

If you would like to spend time mentoring children between ages 6-19, contact Cindi Unger at cindi.unger@us.army.mil or Arlana Young at arlanayoung@hotmail.com.